

# What happens in the 13 days?

**Mon:** Arrive in Brasilia & travel to Abadiania

**Tues:** Casa tour & orientation

**Wed:** Go to the Casa for healing

**Thurs:** Go to the Casa for healing

**Fri:** Go to the Casa for healing

**Sat:** Rest day

**Sun:** Rest day

**Mon:** Rest day

**Tues:** Rest day

**Wed:** Go to the Casa for healing

**Thurs:** Go to the Casa for healing

**Fri:** Go to the Casa for healing

**Sat:** Depart Brasilia

Rest days will include Group Meditations, viewing of Spiritual Movies, trip to the Sacred Waterfall & Crystal Bed Therapy sessions